



PROFESSIONAL HIGH QUALITY CPD TRAINING



COURSE: BG TEACHERS TRAMPOLINE AWARD LEVEL 1&2 REF: BGRET/OCT/NOV26
VENUE: THE ELIZABETHAN SCHOOL, HALLCROFT ROAD, RETFORD DN22 7PY
DATES: LEVEL 1: 5TH & 6TH OCTOBER 2026 LEVEL 2: 2ND & 3RD NOVEMBER 2026
TIMES: 8.00AM - 2.30PM

Course Details

This British Gymnastics accredited training course enables you to teach the trampolining skills within the course syllabus for the benefit of your pupils unsupervised within the school curriculum only.

Level 1: Safety, Basic trampolining skills up to half twist in to and out of seat, front and back landings, basic combination skills.

Level 2: Expands on Level 1 and includes full twist in to and out of seat, front and back landings, complex twisting skills, and progressions leading to forward and backward somersaults.

Entry Requirements

- This course is open to all teachers who are currently studying towards or already hold QTS/QTLS status
- Minimum Age: 21 years.
- No previous experience is required at Level 1.
- If booking BG Level 2 only, you must of successfully completed or hold a **BG Level 1 certificate. Without this you will not receive the level 2 results.**
- You may book on to Level 1&2 combined

Assessment Criteria

Our professional courses tutors will assess your competence to teach trampolining through a variety of assessment methods.

Level 1: Practical assessment, self assessment questions and verbal questioning

Level 2: Practical assessment, self assessment questions, verbal questioning plus a 45minute written examination to confirm knowledge and understanding

Pass Mark: 60% (re-sits £75 each)

Accreditation

This is the highest level of accreditation for PE teachers through British Gymnastics. A refresher course should be attended every 2-3 years to maintain competence.

Jewellery:

Jewellery is not permitted during the course for safety reasons. You may not be able to participate if you are unable or unwilling to remove jewellery. Please note that you are not entitled to a refund or transfer to an alternative course if this is the case.

Course Fees:

£350 PER PERSON PER LEVEL

Bookings:

Please return this booking form asap to cpd@trampolinecentral.co.uk asap to secure a place on this course.

Payment: We prefer payment by BACS. Please email finance@trampolinecentral.co.uk for our bank details.

Terms & Conditions: All accepted bookings will be charged for regardless of attendance. Trampoline Central reserve the right to cancel courses at 5 days notice if less than 12 candidates book onto the course. Submitting an application confirms acceptance of our terms & conditions. Full T&C's are available on our website.

Please remember to retain a copy of this form for your own records

DELEGATES FULL NAME

DATE OF BIRTH

BILLING NAME & ADDRESS

CITY

POSTCODE

SCHOOL TEL

MOBILE

EMAIL

FINANCE EMAIL

MEDICAL/SPECIAL NEEDS INFO

PURCHASE ORDER NO.

SELECT COURSE

LVL 1&2 £700
(PRIORITY IS GIVEN TO ALL LEVEL 1&2 BOOKINGS)

LVL 1 £350

LVL 2 £350

I confirm that I have read and understood the Terms & Conditions of booking a training course with Trampoline Central. I confirm that I am physically fit and free of injury and willing to fully participate in all physical aspects of the course. I meet the entry requirements stipulated above and acknowledge that course fees will not be refunded in any circumstances should I not meet the entry requirements, or fail to attend the booked course in full as specified above. I also acknowledge that attendance at any additional course(s) will have to be paid for in full should I cancel, fail to attend or complete the course as outlined above. This also includes non attendance due to Ofsted/Covid related issues.

OFFICIAL USE:

APP REC'D:	COURSE CONF:	INV NO:
APP CONF SENT:		PMT:

SIGN:

DATE:

Submitting this form constitutes a legally binding contract. Cancellations will not be accepted

Return forms to: cpd@trampolinecentral.co.uk

Web: www.trampolinecentral.co.uk